

Debrief

Introduction

Before we start the debrief, I want to remind everyone of our simulation rules established during the prebrief. We will hold any discussions regarding feelings and performance in confidence within this group and that everyone within this group is intelligent, capable, and is only trying to improve their patient care.

Reactions Phase

Simulation often invokes emotions in the participants. In simulation, we like to address those emotions before discussing the specific aspects of the case.

I'd like to go around and have everyone tell me one word to describe how that simulation felt."

Description Phase

"To reflect and ensure we are all on the same page about the scenario, would someone mind sharing a brief synopsis of the scenario today?"

Analysis Phase

Case 3 Simulation Objectives:

1. Describe how microaggressions rooted in ableism can affect the care of complex care patients.
2. Describe how microaggressions related to race and stereotypes of family can impact the therapeutic relationship.
3. Demonstrate one strategy to address a microaggression with a peer, taking into account the nature of an ongoing professional relationship.

Discussion Questions:

- *What did you feel went well with your interaction? What might you change for next time?*
- *How did it feel to have a discussion that did not have a satisfying conclusion, or a "moment or enlightenment" from the microaggressor. Does this feel realistic? Why is it still important to interrupt the microaggression? (may want to highlight that when we interrupt a microaggression, we do not always get to 'see' the learning or reflection that happens. Sometimes the self-reflection comes later, or this serves as a tiny moment that may cumulatively change behaviors/attitudes over time. Some people may not reflect more later or change their attitudes, but that does not mean we shouldn't interrupt the behavior.*
- *What are other possible strategies?*
- *What assumptions were made by the consultant?*
- *Discuss trope of the "angry Black woman". Do residents have familiarity with this trope?*
- *What about how it plays out in the clinical context?*
- *"Angry Black woman" vs effective advocate for her child*
- *How might this have played out differently if this were a White family?*

Summary Phase

"We would like to close the session with asking each of you to share a take-away-point you will use in your future.