Debrief

Introduction

Before we start the debrief, I want to remind everyone of our simulation rules established during the prebrief. We will hold any discussions regarding feelings and performance in confidence within this group and that everyone within this group is intelligent, capable, and is only trying to improve their patient care.

Reactions Phase

Simulation often invokes emotions in the participants. In simulation, we like to address those emotions before discussing the specific aspects of the case.

I'd like to go around and have everyone tell me one word to describe how that simulation felt."

Description Phase

"To reflect and ensure we are all on the same page about the scenario, would someone mind sharing a brief synopsis of the scenario today?"

Analysis Phase

Case 1 Simulation Objectives:

1. *Describe how microaggressions related to gender can impact providers and staff.*
2. *Utilize one nonconfrontational technique to address this microaggression with the patient in the encounter.*
3. *Demonstrate one technique to diffuse tension with the patient after interrupting a microaggression in order to maintain a therapeutic relationship.*

Discussion Questions:

- *What went well and what could be improved upon related to utilizing nonconfrontational techniques?*
- *What went well and what could be improved upon related to using techniques to diffuse tension?*
- *How authentic did your chosen approach feel? What are some other possible approaches to interrupt microaggressions related to gender?*
- *If learner used "just a nurse" language or did not clarify at all the nurse's important role: The nurse approaches you afterwards and tells you that she felt insulted that you seemed offended on your attending's behalf after she was assumed to be a nurse.*
- *How would you handle this? How might your response change based on the nature of your relationship with the nurse?*
- *What messages are sent to the patient based on how we include clarification of interdisciplinary team members' critical role (don't comment at all, detract/degrade, elevate)?*
- *How do elements of hierarchy affect your response?*

Summary Phase

"We would like to close the session with asking each of you to share a take-away-point you will use in your future.